

# The Story of **MWF TWOs**

02.03.2023

## "Why do we need sleep?"

After reading and following along the story, *We're Going On a Bear Hunt*, we have been curious about what the bear was doing inside the cave. We asked children what they thought and here's how our conversation went:

Child 1: "Bears live in caves!"

Child 2: "I live on the 8th floor!"

Teacher: "Just like us, bears also have homes and they live in caves. I wonder what they do inside?"

Child 2: "To sleep there!"

Teacher: "Oh bears need sleep, too!"

Child 3: "I sleep! In my room!"

Child 4: "I have a room, too!"

Child 5: "Me, too!"

Children continued to share how they have their own rooms or share rooms with their siblings. "Just like our homes and rooms, bears have caves so they can sleep and rest." Our conversation led us to talk about why sleep is important. Children shared that they sleep "so you can get big" and if you don't sleep, "you will be tired." Towards the end, one child shared, "Sometimes, when I wake up I still feel tired."

During the week, we have incorporated calm music as part of our routine - giving us some time to rest and recharge in between activities. As soon as children hear the music, they would slowly walk towards the rug to find a space to lay down quietly. With this small addition, we have noticed how children have been more energized and engaged during our conversations at Circle Time.

## Storytelling, Nursery Rhymes, and Counting

Children really enjoyed storytelling with puppets last week. This week, we let children explore more storytelling materials - ducks, monkeys, and a felt board. We sat together at the table, singing nursery rhymes while taking the ducks/monkeys away and counting "how many more ducks/monkeys are left?"

## Overheard during snack time: "What's inside your belly?"

Child 1: "Excuse me? What's inside your belly?"

Mrs. Fong: "What do you think is inside?"

Everyone: "a baby!"

Child 2: "I have a baby in my belly, too!"

Child 3: "I have snack in my belly!"



## Classroom Notes and Reminders

- Please bring an empty shoebox to class next week. We will be using this for a special project.
- The MWF TWOs will have a small Valentine's Day celebration/special snacks on **February 13th**. If your child would like to participate in our Valentines exchange, please send in a Valentine's Day card for each child in the class.